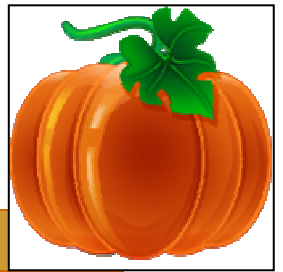


October 2021



Monday	Tuesday	Wednesday	Thursday
4 Orange Chicken Fortune cookie, Steamed Veggies	5 Zuppa Toscana Side Salad Garlic Bread	6 Ham & Cheese on a sub roll Carrot Sticks Chips	7 Cheese or BBQ Chicken Quesadilla's
11 Columbus Day No School	12 Spaghetti Garlic Bread Side Salad	13 Pizza Fundraiser	14 Beef Stew Side Roll
18 Taqitos, Spanish Rice Refried Beans	19 Teriyaki Chicken Steamed Rice/Veggies Fortune Cookie	20 Hamburger OR Cheeseburger & Fries	21 Chicken Alfredo Steamed Veggies
25 Chili & Cornbread Fruit	26 Nachos Your way	27 Baked Potato Bar	28 Mac and Cheese Chicken Nuggets & Veggie Sticks



LUNCH AND SNACK PRICES

- Lunch \$4.00 = entrée ,chips, and beverage
- Lunch with Salad bar \$4.75= entree, chips, salad bar, and beverage
- Frozen item = \$1.50
- Snack = \$0.75
- Beverage= \$1.00 Specialty Drink = \$1.25
- Salad Bar Only = \$3.50

CAFÉ VOUCHERS

- We no longer accept cash in the café. For day to day lunch purchases, Café vouchers can be purchased each day or you can pre-purchase a Café Tab. This will prevent lost money and help you ensure your child spends lunch money on its intended purpose.
- All vouchers must be purchased in the front office.

CAFÉ TAB ACCOUNTS

To help you have better control over the use of your child's Café Tab we now have 3 options for you to choose from:

1. Lunch Only
2. Two snacks and lunch
3. Open ended

Cafe tabs are pre-purchased in the front office. We require a minimum of \$25 per student (we recommend \$50 per student) and you will need to replenish the tab monthly (we do provide monthly usage on your billing statement). Any family owing more than \$100.00 will not be allowed to use the café' until balance is paid.

WE APPRECIATE YOUR CAFÉ SUPPORT

Below we have listed the snack and drink choices the children Have to choose from:

* These items are specialty items and may not always be available.

SNACK LIST

Cereal	Seasonal Fruit	Gogurt
Fruit & Oatmeal Bar	Popcorn	Cup of Noodles
Fig Bars	Cheese Stick	Cereal Bars
Fruit Snacks	Hard Boiled Eggs	1/2 Muffin
Apple Sauce	Potato Chips	

* Fruit smoothies

* Breakfast sandwiches

DRINK LIST

Bottled Water	100% Juice Box	
Milk	Hot Cider	Vitamin Water
Gatorade	Juice Squeeze	Izze**
Snapple**		

**Specialty Drinks

ORGANIC ITEMS

Pastas Brown Rice Side Vegies
Most items on Salad Bar are organic
Other organic items served when available

